

1991 Region 4AA Championship

Teams: Stillwater 85, Irondale 82, Anoka 79, Blaine 65, Tartan 59, Forest Lake 44, Mounds View 37, Coon Rapids 26, Hill-Murray 18, North St. Paul 14, White Bear Lake 13, Columbia Heights 5, Centennial 0, Elk River 0, Spring Lake Park 0.

100

- 1 Bob Ewings, FL 11.33
- 2 Dave Nelson, BI 11.44
- 3 Jerry Reitan, BI 11.47
- 4 Eric Johnson, MV 11.71
- 5 Cliff Moore, Ta 11.71
- 6 Mike Fremanis, An 11.72

200

- 1 Dave Nelson, BI 22.80
- 2 Bob Ewings, FL 23.11
- 3 Jerry Reitan, BI 23.35
- 4 Brian Kochendorfer, St 23.52
- 5 Ted Marks, Ir 23.60
- 6 Mike Nelson, FL 23.61

400

- 1 Bill Hendricks-Hernandez, Ta 50.39
- 2 Ted Marks, Ir 50.61
- 3 Nick Johnson, Ta 51.00
- 4 Andy Smith, St 51.46
- 5 Brian Conners, HM 51.84
- 6 Dale Roufs, St 52.14

800

- 1 Jon Osmond, Ir 1:55.76
- 2 Eric Hudson, St 1:56.33
- 3 Mark Burns, St 1:59.37
- 4 Tim Charlesworth, CR 2:02.52
- 5 Jeremy McGraw, WBL 2:02.90
- 6 Andy Jensen, MV 2:03.9

1600

- 1 Dan Pihlstrom, Ir 4:26.46
- 2 Tom Goetz, HM 4:27.89
- 3 Jason Warren, MV 4:28.79
- 4 Mark Kalar, CR 4:32.50
- 5 Jeremy McGraw, WBK 4:33.64
- 6 Rauha Rahkola, WBL 4:33.56

3200

- 1 Aaron Drevlow, An 9:41.41
- 2 Mark Kalar, CR 9:41.55
- 3 Tom Goetz, HM 9:41.90
- 4 Jason Warren, MV 9:52.75
- 5 Jon Gardiner, Ta 9:59.09
- 6 Rauha Rahkola, WBL 10:07.08

High Hurdles

- 1 Erik Rosenkranz, An 14.4
- 2 Jamie Lanigan, CR 14.6
- 3 Mike Frismanis, An 14.8
- 4 Jon Holland, St 15.0
- 5 Steve Hentges, Ir 15.1
- 6 Dave Bogie, St 15.3

Intermediate Hurdles

- 1 Erik Rosenkranz, An 38.83
- 2 Jon Holland, St 39.39
- 3 Steve Hentges, Ir 40.26
- 4 Brian DeCoux, Ir 41.70
- 5 Dave Bogie, St 41.88
- 6 Dave Martell, Ta 41.94

4x100 Relay

- 1 Anoka 43.93
- 2 Stillwater 43.98
- 3 Tartan 44.12
- 4 Blaine 44.21
- 5 Forest Lake 44.27
- 6 Mounds View 44.32

4x400 Relay

- 1 Irondale 3:25.65
- 2 Stillwater 3:27.47
- 3 Tartan 3:27.69
- 4 Anoka 3:29.69
- 5 Hill-Murray 3:32.53
- 6 Mounds View 3:32.72

Sprint Medley Relay

- 1 Stillwater 3:31.53
- 2 Tartan 3:36.19
- 3 Mounds View 3:40.59
- 4 Irondale 3:42.21
- 5 White Bear Lk 3:47.20
- 6 Forest Lake 3:49.10

Shot Put

- 1 Warren Bostrom, St 52-10
- 2 Andre Lee, An 52-1
- 3 Andy Martin, Ir 49-8
- 4 Matt Letourneau, NSP 48-1 ½
- 5 Joel Tanen, BI 47-10
- 6 Shawn Silvera, CR 47-1 ¾

Discus Throw

- 1 Matt Letourneau, NSP 162-0
- 2 Joe Schlavin, FL 154-10
- 3 Jason Locke, FL 152-10
- 4 Andre Lee, An 149-7
- 5 Joel Tanen, BI 149-2
- 6 Heath Haster, WBL 133-2

Long Jump

- 1 Mike Heslin, Ir 21-6
- 2 Cliff Moore, Ta 20-7 ½
- 3 Jeremy Thomas, BI 20-4
- 4 Sean Primus, An 20-3 ½
- 5 Geno Danielson, FL 19-10
- 6 Eric Brousseau, BI 19-9 ½

Triple Jump

- 1 Sean Primus, An 41-2 ½
- 2 Matt Anderson, MV 41-1 ½
- 3 Mark Shah, MV 40-3
- 4 Tim Feine, BI 40-2 ½
- 5 Damien Krenick-Peterson, St 40-0 ½
- 6 Joel Anderkovich, CH 39-8 ½

High Jump

- 1 Steve Carlson, Ir 6-7
- 2 Matt Pasche, BI 6-5
- 3 Chad Weeks, BI 6-5 (standard)
- 4 Mike Criswell, CH 6-2
- 5 Mike Frismanis, An 6-0
- 6 Chad Schmidt, CR 6-0

Pole Vault

- 1 Andy Ronayne, Ta 13-0
- 2 Krist Midbrod, St 12-6
- 3 Chris Weisbrod, FL 12-6
- 4 Adam Dietz, WBL 12-6
- 5 Jason Lance, BI 12-0
- 6 Chris Tollefson, St 12-0

* Ties Meet Record

** New Meet Record

Notes: